

Building a *Culture of Life* in Women's Health Care

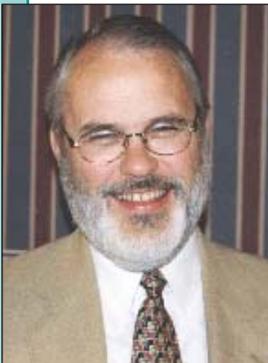
A newsletter of the **Pope Paul VI Institute** for the Study of Human Reproduction

Fall 2009

From the Founder...

Greetings and welcome to the first issue of our Pope Paul VI Institute newsletter! We recently launched this new publication to regularly share information about the Institute with our friends and faithful supporters. Our prayer is that this biannual newsletter will be a source of joy, inspiration and information about our ongoing work here.

On the subject of big news, we are proud to announce plans for the Institute's 25th anniversary "Love & Life" celebration in September of 2010! The four-day celebration, which will be held at the Qwest Center in Omaha, will include a medical conference, a "family fun day," and an elegant banquet, among other activities. We hope you will join us as we celebrate the Institute's impact on so many lives over the past 25 years, as well as our plans for the future. Together, we can continue to make a lasting impact on the Culture of Life all over the world.



Blessings to you and yours,

Thomas W. Hilgers, MD
Director of the Pope Paul VI Institute

MARK YOUR CALENDAR...

March 13, 2010

Tri-State FertilityCare™ Center Seminar
Weirton, West Virginia

July 21-24, 2010

American Academy FertilityCare Professionals Annual Meeting
Greenville, South Carolina

September 2-5, 2010

25th Anniversary Love & Life Celebration
Omaha, Nebraska

Dr. Hilgers will launch his own website this winter!

Check www.popepaulvi.com for a link to the site when it is released!

Save the Date! — September 2-5, 2010

25th Anniversary
Love & Life Celebration
of the
Pope Paul VI Institute

You will be invited!

Institute Brings FertilityCare Training to Doctors in Africa and Poland

The Pope Paul VI Institute brought training for its natural family planning medical consultant program beyond the United States border for the first time this September.

Dr. Thomas W. Hilgers recently traveled to Lagos, Africa, and Lublin, Poland to provide classes in FertilityCare to more than a dozen physicians and medical professionals in these foreign cities. As a result, seven physicians in Lagos and eight physicians in Lublin are now certified to serve as FertilityCare medical consultants.

"This first, experimental trip to train physicians overseas was very successful," said Dr. Hilgers, who conducted the training. "It's hard for me to imagine that what we created 30 years ago is creating such enthusiasm among all these people."

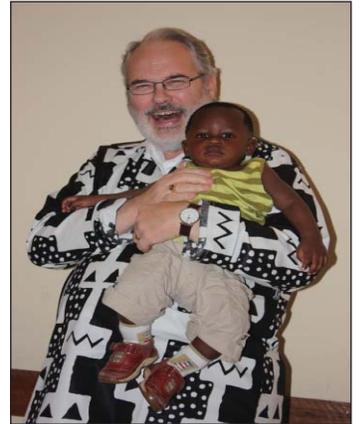
The trip was part of the Institute's effort to reach out to medical professionals in parts of the world that haven't been exposed to the Institute's work.

To date, the Institute has trained more than 400

active FertilityCare practitioners, 97 of whom are active in several foreign countries. However, these practitioners all traveled to the United States to receive their training.

"We embarked on this recent trip because doctors in Lagos and Lublin could not come to the United States for training," said Dr. Hilgers.

While additional trips to foreign countries haven't been planned yet, the Institute has received several invitations. Future international training is dependent on adequate support for such endeavors.



Fellowship Program Welcomes Three New Physicians

Three talented physicians recently moved to Omaha to begin the Institute's postgraduate fellowship program. The program, which has been part of the Institute's educational programs since 2005, trains young physicians to perform the medical and surgical aspects of Naprotechnology. After they complete the program, physicians are equipped to incorporate Naprotechnology into their own medical practices, providing thousands of women all over the country with a healthy, moral solution to their reproductive problems.

The 2009-2010 fellows, pictured on the right with Dr. Thomas W. Hilgers, are: Dr. Kristina Garnett, a graduate of the University of Nebraska Medical Center; Dr. Courtney Slonkosky, a graduate of the medical school at Michigan State University; and Dr. Megan Woodman, a graduate of Jefferson Medical College in Philadelphia. All of the fellows recently completed residencies at

well-regarded hospitals all over the United States. Since the fellowship program began in 2005, it has accomplished its purpose. Past fellows now offer Naprotechnology to women all over the country seeking reproductive help. For example, last year's fellows - Dr. Kyle Beiter and Dr. Theresa Stigen - are employed at hospitals in New York City and San Diego.

Institute leaders pray this growing fellowship program will continue to have the support to attract and train high-caliber physicians who can help the Institute carry out its mission to serve others.



Patient Profile: Denver Couple Experiences Joy of Childbirth

Greg and Kathleen Morrone had given up completely.

For seven years, they struggled to get pregnant, but kept experiencing many problems including miscarriages, endometriosis and hormonal problems. They sought help from more than seven doctors in the Denver area, including “fertility specialists,” who recommended everything from multiple laparoscopies to different drugs such as clomid to herbs and acupuncture. As a last resort, the Morrone family was told that In Vitro Fertilization was their only option. However, this advice didn’t make sense since they conceived many times - their struggle was carrying a child to full-term.

The Morrone family was ready to give up hope completely of ever experiencing the joy of childbirth when the marriage and family director at their church told them about the Pope Paul VI Institute. After meeting

Dr. Thomas W. Hilgers and understanding the work of the Institute, they had hope again.

Kathleen underwent a five-hour surgery to correct her fertility problems and practiced the Creighton Method for more than two-and-a-half years. Finally, the couple conceived and became parents to a new daughter, Mary Joy, in April of 2009.

They are so thankful to the Institute for not only bringing them hope in their darkest hour, but also providing a dignified, successful and truly Christian solution to the disease of infertility.



Donor Profile: Family Committed to Giving to the Institute

John and Deb Scanlan spend most of their days capturing beautiful places all over the world. The two photographers, based near Glenwood, Iowa, take photos of landscapes and inspirational scenes. Their work is sold in two galleries in the United States and purchased by collectors in places as far as Buenos Aires and Shanghai. After everywhere they’ve been and everything they’ve seen, one place in Omaha, Neb. is particularly memorable to this couple - the Pope Paul VI Institute.

The Scanlans were introduced to the Institute more than 17 years ago when Deb was suffering from endometriosis, which made it difficult for her to conceive. The Institute provided a solution to their struggles. Dr. Thomas W. Hilgers was able to perform a surgery that fixed Deb’s endometriosis, making it possible for her to give birth to

their daughter, Haley, soon after.

Today, the Scanlans continue to feel blessed by the work of the Institute, which is why they have chosen to provide regular financial support.

“Giving is the least we can do to keep the process going for other people who are going through the same problems we had,” said John Scanlan.

They feel the Institute’s work has an especially unique mission they strive to carry out. And the Scanlans know from personal experience every penny they give goes directly to the Institute’s mission of strengthening marriages and families.

“We always see the physical signs of the progress they’re making,” John Scanlan said. “We know we’re part of something.”



Remember the Pope Paul VI Institute in Your Estate

Many opportunities are available to remember the Pope Paul VI Institute in your estate plan, only a few of which involve any expense or professional fees. Consider the following options:

- Amend an existing insurance policy to add the Pope Paul VI Institute as an additional beneficiary, or simply purchase a new one for the Institute's benefit.
- Visit your personnel office and ask to amend your group life insurance policy or retirement plan to add the Pope Paul VI Institute as one of your beneficiaries. Or, add the Institute as a recipient if another person predeceases you.
- Instruct your lawyer to prepare a simple, inexpensive codicil to your existing will, creating a bequest for the Pope Paul VI Institute
- Deed your house to the Pope Paul VI Institute and continue to live in it. Your income tax savings from the gift may cover the legal costs.

- Leave written or verbal instructions for your surviving spouse to include the Pope Paul VI Institute when redrawing his or her will.

- If you have a sizable estate, create a trust which will pay annual income to the Pope Paul VI Institute for a period of years prior to distributing the principal to your children or grandchildren. The income the Institute receives will create a charitable estate tax deduction. This technique may allow you to make a substantial gift at a cost as low as five cents on the dollar, and avoids taxes which might otherwise claim as much as 60 percent of your estate.

By including the Pope Paul VI Institute in your estate plans, the Institute can continue to make a lasting and dramatic impact on the Culture of Life in Omaha and all over the world.

For more information about estate planning opportunities, please call Sue Hilgers at 402-390-6600, ext. 149. Thank you for your commitment to the Pope Paul VI Institute.

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Check out the Institute's first newsletter!