

## Seminal Fluid Collection Instructions

**For insurance purposes, the diagnosis code for a complete seminal analysis is listed as infertility testing. You may wish to self-pay rather than submit a claim to the insurance company.**

### KIT INCLUDES:

1. condom/seminal fluid collection device (SFC)
2. sterile plastic container
3. instruction sheet
4. Paper sack

**YOU WILL NEED A DOCTOR'S ORDER.  
BE SURE THE MAN'S NAME AND DATE  
OF BIRTH AND THE WIFE'S NAME ARE  
ON THE ORDER.**

### INSTRUCTIONS:

Please read the instructions carefully. **They must be followed exactly.**

1. Please call the lab you will be taking your specimen to. Clarify their hours and procedures for bringing in a SFA sample.
2. Avoid sexual (contact) intercourse for at least four days prior to collection of specimen.
3. Label plastic container with man's full name, collection date and time.
4. Using the SFC device provided, collect the specimen during the natural act of genital intercourse.
5. Empty the contents of the device as completely as possible into the plastic container provided in the kit. **DO NOT** touch any of the seminal fluid itself, as it may contaminate the specimen and alter the results.
6. Discard the empty SFC device. **Do not include it with the specimen.**
7. Place the **specimen container and doctor's order** in a sack. Keep at room temperature, or as close as possible to body temperature.
8. Deliver the specimen **within 30 minutes**. If this is not possible, deliver as soon as possible, for time is **very critical** to the analysis of the specimen.
9. Inform the lab that this specimen is for a "seminal fluid analysis," **which is time sensitive**, so lab personnel will promptly take care of the specimen and admission procedure.
10. Results of the test will be given to the doctor who ordered the test.
11. If you have questions about the collection process you can call the nurses at the Pope Paul VI Institute at (402) 390-6600. Please, leave your name with spelling and state that you have a question about the SFA instructions that were with the kit.