

# Building a Culture of Life in Women's Health Care

A newsletter of the **Pope Paul VI Institute** for the Study of Human Reproduction

Spring 2010

## From the Founder...

Greetings and welcome again! This spring has been busy at the Institute with organizing the Institute's 25th anniversary *Celebration of Love & Life* over Labor Day weekend this September.

We want all those whose lives have been touched by the work of the Pope Paul VI Institute to come and celebrate with us! We are inviting those who have used the **CREIGHTON MODEL System** for family planning; those who have been treated with medical **NaProTECHNOLOGY** for infertility, pelvic pain, premenstrual syndrome, and postpartum depression; and those who have benefitted from progesterone support and surgical **NaProTECHNOLOGY**. We are inviting those who have been educated by the Institute—practitioners and instructors, medical consultants, clergy, and religious. And, we are inviting those who have supported our work. The *Celebration of Love & Life* will be a fun day with activities for the entire family! We are really looking forward to seeing you. A complete list of



activities and registration materials is in this newsletter as well as on our web site. Register before June 1 for lower rates.

I have also included some news about other exciting happenings at the Institute.

Blessings to you and yours,

Thomas W. Hilgers, MD  
Director of the Pope Paul VI Institute

## MARK YOUR CALENDAR...

September 2-5, 2010

25th Anniversary Love & Life  
Celebration

Omaha, Nebraska

October 4-8, 2010

Love & Life Unlimited Conference  
Omaha, Nebraska

July 21-24, 2010

American Academy FertilityCare  
Professionals Annual Meeting  
Greenville, South Carolina

Online registration for the 25th anniversary Labor Day Weekend Celebration of Love & Life is available!

Check [www.popepaulvi.com/celebrate-love-life.html](http://www.popepaulvi.com/celebrate-love-life.html)

## A Physician's Profile—A Conversion to FertilityCare™

### Dr. Michael Parker

My journey as a physician towards a greater relationship with God began in 1999 when I made a conscious decision to promote and practice Natural Family Planning. This metamorphosis was largely due to the prayers and intentions of many patients, colleagues and my family. It was nurtured by a renewed practice of prayer, especially the Rosary, and a new-found interest in the Catholic Faith. ...

Some asked if I would ever think about becoming an NFP-only physician. ...I resisted their pleas believing that I could not invoke my beliefs on those

who did not believe as I did and that I had a moral and ethical obligation to provide contraceptive services to other patients. ...

A Catholic couple experiencing infertility gave to me an article written by Dr. Thomas Hilgers, founder of the Pope Paul VI Institute for Human Reproduction. ...Dr. Hilgers talked about using **FertilityCare™** to help couples suffering from infertility as a moral means compatible with Church teachings. I was intrigued and did more research. I found that he taught a seminar and with a growing

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## Another Year of Accomplishments at the Institute — 2009

- ⇒ Had scientific paper accepted for publication that describes Dr. Hilgers' successful and ground-breaking techniques for the reduction of adhesions following extensive reconstructive pelvic surgery. This culmination of 23 years of effort was published in the Journal of Gynecologic Surgery in March 2010.
- ⇒ Graduated two Pope John Paul II Fellows in Medical and Surgical **NaProTECHNOLOGY**. This full-time study program is for postgraduate obstetrician-gynecologists. The two doctors are now working in New York City, and near San Diego, California. (Top right photo)
- ⇒ Started three new Pope John Paul II Fellows in July 2009. (Top left photo)
- ⇒ Started 45 new students in the Institute's Allied Health and postgraduate medical education programs (October 2009).
- ⇒ Graduated eight new physicians in Lagos, Nigeria as Medical **NaProTECHNOLOGY** Consultants. (Bottom left photo)
- ⇒ Graduated eight new physicians in Lublin, Poland as Medical **NaProTECHNOLOGY** Consultants. (Bottom right photo)
- ⇒ Completed a new book on **NaProTECHNOLOGY** for the lay public and acquired a New York publisher for the book (due out September, 2010).
- ⇒ Served over 220 **FertilityCare™ Centers** nationwide for **CREIGHTON MODEL FertilityCare™ System** and **NaProTECHNOLOGY** services.



## A Physician's Profile—A Conversion to FertilityCare™

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population of my patients using NFP, I decided to attend and learn more about what my patients practiced. ...

I came home from the conference and informed my patients that I would no longer do tubal ligations or place IUD's with the intention of no longer prescribe oral contraceptives. My pride and lack of trust in Divine Providence prevented me from making that final step. I knew what I had to do but was afraid of the financial, professional, and social consequences of my decisions. The Dominican Priests of our parish...helped me to understand that God would bless my efforts if only I gave myself to Him. ...

In August of 2005, I sent out a letter to all my patients informing them of my decision to no longer prescribe oral contraceptives. ...

My practice is growing, profitable, and full of life. The blessings of the Lord are bountiful. I have found a new passion in my work and a new purpose that lifts me up every day.



*Dr. Michael Parker practices in Gahanna, Ohio at Northeast Obstetrics and Gynecology, Inc. Teresa Parker is a registered nurse/homemaker. They have been happily married for 21 years. The Parkers live with their six children in New Albany, Ohio.*

### **Mrs. Teresa Parker**

Upon completion of residency, [my husband, Michael,] entered private practice. Five years later and hundreds of stories of teenagers and older women with broken relationships, sexually transmitted disease, pregnancies and post-abortion tragedies, my husband was becoming disillusioned and embittered. ...

A phone call from Michael while at the conference would change our lives forever. ...He explained how Sr. Renée's talk on *Humanae vitae* changed his life. The Holy Spirit had entered him and convinced him to change his practice, stop prescribing contraception and no longer do sterilizations. ...We were unaware of other NFP OB/GYN's we could talk to and share our concerns, fears, or seek advice. ...We felt isolated and alone...

Our church continued to support us through prayers, referrals and training of practitioners. ...

[Now] Michael practices with a new passion and sense of purpose. ...He continues to be excited about learning new surgical procedures and medical alternatives that respects the dignity of women and promotes the family.

# The Labor Day Weekend Celebration of Love & Life

A very special and unique **25th anniversary** party and family reunion

Thursday, September 2 and Friday, September 3, 2010 — **SPECIAL CONFERENCES**

Friday, September 3, 2010 at 5:30 p.m. — **OPENING MASS** — Cardinal Justin Rigali

Saturday, September 4, 2010 — **CELEBRATION OF LOVE & LIFE** — A day of fun and free activities for the family

Saturday, September 4, 2010 — **RECEPTION AND GALA BANQUET** — Featured speaker: Raymond Arroyo

Sunday, September 5, 2010 at 10:00 a.m. — **CLOSING MASS** — Archbishop Zygmunt Zimowski

## Special Conference — September 2nd (Thursday) “The Pastoral Directives of *Humanae Vitae*”

- **The Pastoral Directives of *Humanae Vitae***  
(Fr. Jarosław Szymczak, PhD — Institute for Studies on the Family, University of Cardinal Stefan Wyszyński — Warsaw, Poland)
- **Appeal to Public Authorities**  
(Timothy von Dohlen, RPh, JD, Attorney at Law — Former Texas legislator — Austin, Texas)
- **Appeal to Men of Science**  
(Thomas W. Hilgers, MD, CFCE — Founder and director of Pope Paul VI Institute for the Study of Human Reproduction — Omaha, Nebraska)
- **Appeal to Christian Spouses**  
(K. Diane Daly, RN, CFCE — Co-developer of Creighton Model FertilityCare™ System — St. Louis, Missouri)
- **Appeal to Apostolate of Spouses**  
(Susan K. Hilgers, BS, CFCP, CFCE — Co-developer of Creighton Model FertilityCare™ System — Omaha, Nebraska)
- **Appeal to Doctors and Healthcare Professionals**  
(Kristina Garnett, MD — Associate medical consultant at Pope Paul VI Institute — Omaha, Nebraska • Nickole Bazger, DO — John Paul II Fellow at Pope Paul VI Institute — Omaha, Nebraska)
- **Appeal to Priests**  
(Fr. Jonathan Morris, LC — Fox News contributor and analyst, Fox News Channel — New York, New York)
- **Appeal to Bishops**  
(Archbishop Emeritus Elden F. Curtiss — Archbishop Emeritus of Archdiocese of Omaha — Omaha, Nebraska)
- **Reflections on the Final Appeal**  
(Sr. Renee Mirkes, OSF, PhD — Center for NaProEthics at Pope Paul VI Institute — Omaha, Nebraska)

### Conference Moderators

Catherine E. Keefe, MD, CFCMC; Kristina Garnett, MD;  
Fr. Edward Richard, JD, MS

## Special Conference — September 3rd (Friday) “International Conference on NaProTechnology”

- **New Research on Cervical Biology**  
(Jose-Antonio Arraztoa, MD — Director of Departamento de Obstetricia-Ginecologia y Biología de la Reproducción, Facultad de medicina, Universidad de los Andes — Santiago, Chile)
- **Morphological Characterization of Different Cervical Mucus Types Using Light & Scanning Electron Microscopy**  
(Micaela Menarguez, D Ph — Universidad San Pablo, CEU — Madrid, Spain)
- **Evaluating and Treating Infertility as a Chronic Condition**  
(Joseph Stanford, MD, CFCMC — Associate professor, Department of Preventive and Family Medicine, University of Utah — Salt Lake City, Utah)
- **The Multiple Applications of NaProTechnology**  
(Thomas W. Hilgers, MD, CFCE — Founder and director of Pope Paul VI Institute for the Study of Human Reproduction — Omaha, Nebraska)
- **NaProTechnology for Infertility Treatment in Taiwan**  
(Sr. Arlene Te, MD — Cardinal Tien Hospital — Taipei, Taiwan)
- **Pregnancy Achieved with NaProTechnology After Failed IVF: An Update**  
(Dr. Phil Boyle — Founder and director, Galway NaProTechnology Clinic — Galway, Ireland)
- **Establishing NaProTechnology in a Catholic Health System**  
(Sr. Romaine Niemeyer, SCC — President and CEO, Holy Spirit Hospital and Health System — Camp Hill, Pennsylvania)
- **Establishing NaProTechnology in Warsaw, Poland**  
(Bogdan Chazan, MD — Director of Holy Family Obstetrics & Gynecology Hospital — Warsaw, Poland)

## Special Luncheon Programs

### September 2nd (Thursday)

*Humanae Vitae* in the 21st Century

Archbishop George J. Lucas — Archbishop of Archdiocese of Omaha — Omaha, Nebraska)

### September 3rd (Friday)

*Humanae Vitae* and the Challenge to Healthcare Workers

Archbishop Zygmunt Zimowski — President of Pontifical Council for the Pastoral Care of Healthcare Workers — Vatican City

# Building a Culture of Life in Woman's Health Care

Pope Paul VI Institute for the Study of Human Reproduction

**Register Now!** You do not want to miss this celebration!

For more details and to register online visit  
[www.popepaulvi.com/celebrate-love-life.htm](http://www.popepaulvi.com/celebrate-love-life.htm)

THE LABOR DAY WEEKEND *Celebration of*  
**Love & Life**  
A VERY *special* AND UNIQUE 25TH ANNIVERSARY PARTY AND FAMILY REUNION

Name: Mr., Mrs., Ms., Fr., Sr., Dr.

Address:

City: State: Zip:

Country:

e-mail:

Daytime phone: Evening phone:

Professional license #: Date:

Names & ages of children attending:

Please complete and return this form with your payment in U.S. dollars.  
Or, register along with your credit card (Visa or MasterCard only) through  
the website [www.NaProTechnology.com](http://www.NaProTechnology.com) or fax at (402)390-9851.

Please send information sheet on hotels and travel packages available. (Note: This information is also on our website, [www.popepaulvi.com/celebrate-love-life.htm](http://www.popepaulvi.com/celebrate-love-life.htm).)

[www.POPEPAULVI.com](http://www.POPEPAULVI.com)

Pope Paul VI Institute—25th Anniversary Celebration  
6901 Mercy Road, Omaha, Nebraska 68106

[www.VISITOMAHA.com](http://www.VISITOMAHA.com)

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Omaha, NE 68106

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Early registration!  
Before June 1, 2010 the rates are lower!!!

I. **Registration for Conference** (Includes talks, breaks, receptions; does not include luncheons, banquet.)

1. September 2, 2010: "Pastoral Directives of *Humanae Vitae*"

Before June 1, 2010: \$75/person No. \_\_\_\_\_ @ \$75 = \$ \_\_\_\_\_  
After June 1, 2010: \$90/person No. \_\_\_\_\_ @ \$90 = \$ \_\_\_\_\_

2. September 3, 2010: "International NaProTechnology Conference"

Before June 1, 2010: \$75/person No. \_\_\_\_\_ @ \$75 = \$ \_\_\_\_\_  
After June 1, 2010: \$90/person No. \_\_\_\_\_ @ \$90 = \$ \_\_\_\_\_

II. **Luncheons** (Luncheons are \$25 each and includes the lunch and speaker)

1. Thursday, September 2, 2010 No. \_\_\_\_\_ @ \$25 = \$ \_\_\_\_\_

Featured speaker: Archbishop George Lucas  
" *Humanae Vitae* in the 21st Century "

2. Friday, September 3, 2010 No. \_\_\_\_\_ @ \$25 = \$ \_\_\_\_\_

Featured speaker: Archbishop Zygmunt Zimowski  
" *Humanae Vitae* and the Challenge to Healthcare Workers "

III. **Celebration of Love & Life**

Saturday, September 4, 2010: 9:00 a.m. – 4:00 p.m. **Free! Free! Free!**

IV. **25th Anniversary Banquet** — Featured speaker: Raymond Arroyo

Saturday, September 4, 2010: 6:00 p.m. Adult: \_\_\_\_\_ @ \$49.00 = \$ \_\_\_\_\_

Child: \_\_\_\_\_ @ \$19.95 = \$ \_\_\_\_\_

\*We are working on child care during the banquet for children under 12; a fee will be charged for this service.