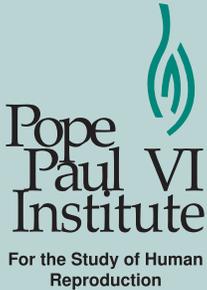


# Culture of Life Newsletter



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## WEB SITES

[CreightonModel.com](http://CreightonModel.com)  
[NaProTechnology.com](http://NaProTechnology.com)  
[DrHilgers.com](http://DrHilgers.com)  
[AAFCP.net](http://AAFCP.net)



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## Institute Education program brings new Medical Consultant to Lincoln, Nebraska

### DR. TERRA PAPIK, D.O.

#### FROM LINCOLN, NEBRASKA

is currently enrolled in the Pope Paul VI Institute's Medical Consultant Program. Last Fall, Dr. Papik helped to start a new private practice called "Doctors for Women," and her focus is on learning and practicing NaProTechnology.

The Allied Health Programs of the Pope Paul VI Institute focus on the training of both Medical Consultants and FertilityCare Practitioners. These two types of professionals depend on each other, because proper Creighton Model charting is required for the delivery of NaProTechnology. FertilityCare Practitioners need Medical Consultants to provide treatment for clients, while Medical Consultants rely on FertilityCare Practitioners to teach their patients proper charting methods.

Today, Terra treats girls and women from ages 11 all the way up to 101. She especially enjoys a career that makes bringing the miracle of life a focal point of her practice. "I have been so awed by the human body, so I do my own ultrasounds. ... You see these little things that look like



Dr. Terra Papik

jelly beans and they have heartbeats. Then at nine weeks or ten weeks you see arms and legs, and they are moving. It is just a miracle that we can create a whole other person through God's grace ... your body does it naturally."

In her practice, Terra tries to create an atmosphere where her patients feel at home. "I wear jeans most days of the week. I go by Terra. I do not go by Dr. Papik... They feel like they can be

honest with me, which you have to have — that trust and honesty in order to take care of someone medically."

Terra also has firsthand experience with the difficulty women face in finding answers to reproductive problems. "I always struggled with irregular cycles, difficulties achieving pregnancy and maintaining pregnancies. There just was not a lot out there — I never met a physician that could tell me, 'This is what is wrong with you and here is what we are going to do about it.' I was given those same Band-Aid treatment methods and just sort of a dissatisfaction with the system."

*Continued on Page 3*

# EDUCATION PROGRAM



**Above:** Faculty and staff at the 40th Class, which met in Omaha in Oct. 2017.

## Education Programs

- Class 40, Omaha, NE USA:  
EP II: **April 14–21, 2018**
- Class 41, Omaha, NE USA:  
EP I: **Oct. 13–20, 2018**  
EP II: **April 6–13, 2019**
- Women’s Healthcare Matters: Love & Life Unlimited: **Oct. 16–18, 2018**

Learn more online:  
[www.popepaulvi.com/education](http://www.popepaulvi.com/education)

- Mexico City Education Programs  
EP II: **Aug. 10–18, 2018**

[www.popepaulvi.com/mexico](http://www.popepaulvi.com/mexico)



# UPCOMING EVENTS

## Events

- **May 23, 2018:** Omaha Gives
- **July 25–28, 2018:** AAFCP Annual Conference and 50th Anniversary of Humanae Vitae, Ontario, California

Learn more online  
[popepaulvi.com/events](http://popepaulvi.com/events)



*Ann M. Prebil, co-developer of the CREIGHTON MODEL FertilityCare™ System 1946–2017*

## Remembering Ann Prebil

**IT IS WITH GREAT SADNESS**, that we said goodbye to a dear friend and mentor Ann Prebil, who passed to her new everlasting life Monday morning, Oct. 23, 2017. Her death was not unexpected — she had fought an extraordinary battle for many years, but her passing is still a very sad moment for all of the Institute family. Ann was a tireless advocate for the CREIGHTON MODEL FertilityCare™ System and NaProTECHNOLOGY® and has been part of our Co-Developer team since 1976. As Co-

Developers we worked very closely together for over 40 years — truly amazing years together! We can speak first-hand of her absolute dedication and love of this work. Her amazing efforts will bear fruit for many years to come. Ann has been an inspiration to us and to many others.

Ann’s worldwide involvement was extraordinary and what she really loved to do. She was currently supervising students in Argentina, Mexico City, Poland, Europe, and the United States. She was on the Faculty for our Omaha and Mexico City Education Programs as well as St. Louis Mercy Hospital and Poland and participated in a number of Education Programs in Europe over the years. Ann also served as a Board member for Fertility-Care Centers of America (FCCA), FertilityCare Centers International (FCCI), and was a member of the FertilityCare Centers of Europe (FCCE) organizing group. She was Chair of the AAFCP Accreditation Commission and took great joy and pride in the growing numbers of Independent Education Programs in the United States, Canada, Poland, Croatia, and Nigeria.

We trust you will say prayers for Ann and for her family. Ann is now experiencing in a very special way Our Lord, the giver of all life.

To carry on the memory of our co-developer and friend, the Pope Paul VI Institute is establishing the **Ann M. Prebil Scholarship Fund**. To contribute to this scholarship fund, please send check to the Pope Paul VI Institute Attn: **Ann Prebil Scholarship** or indicate your gift designation on your online gift.

## LOVE WILL END ABORTION

Dr. Thomas W. Hilgers, Director of the Pope Paul VI Institute, was recently a guest on the radio program “Love Will End Abortion,” which is broadcast on the Station of the Cross radio network. Dr. Hilgers appeared on the show twice, and you can listen to both programs via the link below!

[lovewillendabortion.com/dr-thomas-hilgers-pope-paul-vi-institute](http://lovewillendabortion.com/dr-thomas-hilgers-pope-paul-vi-institute)

*Continued from Page 1*

Then a friend from church, who is a FertilityCare Practitioner, told Terra about the Creighton Model and NaProTechnology. She encouraged Terra to learn more about the system so she could treat women in Lincoln. “She had been sending most of her clients to Omaha for treatment,” Terra explained.

Terra completed Phase I of the Pope Paul VI Institute’s Education Program in Omaha in the Fall of 2017, just one week after her new clinic opened. She is now very eager to share what she’s learned with her fellow physicians. “I am so excited to bring this back. The first thing I am going to do is present it to my clinic staff, because I do not think

they even fully understand what we can potentially do with this.”

After completing the program, Terra will be the first female Medical Consultant in Lincoln. “I am just really excited about the amount of women that we will be able to see, treat, and help.”

While the Pope Paul VI Institute’s National Center for Women’s Health in Omaha has a program for seeing out-of-town patients, it is ideal for people to have a local Medical Consultant who can treat patients using medical NaProTechnology. A strong network of FertilityCare Practitioners and Medical Consultants helps to bring the Culture of Life to women’s healthcare.

***For more information on the Pope Paul VI Institute’s Education Programs, please visit [www.popepaulvi.com/education](http://www.popepaulvi.com/education).***

## JOIN THE GIVING CLUB!

Your prayers sustain us in our efforts, your advocacy educates others on the importance of our work, and your financial gifts keep the Institute in operation. Thank you!

Joining our Monthly Giving Club is now easier than ever! Simply visit the link below and sign up for automatic monthly donations. Your gift of just \$10 a month can help fund our life-giving programs including research, the St. John Paul the Great Fellowship, the Center for NaProEthics, Allied Health Education Programs, and Research Interns.

**[www.popepaulvi.com/givingclub](http://www.popepaulvi.com/givingclub)**

*Thank you for your support!*



On Sept. 6, 2017 in Denver, CO, at the invitation of the Catholic Medical Association, the Pope Paul VI Institute presented a day-long forum on NaProTechnology and the Creighton Model FertilityCare System. Dr. Thomas W. Hilgers was the moderator and a presenter of this sold-out conference in Denver, which highlighted the next generation of NaProTechnology Surgeons who completed our Fellowship Program.

You can own a copy of this outstanding and historic day! This includes all twelve presentations on a three-disc DVD set. This once-in-a-lifetime presentation is available for \$145 with FREE SHIPPING (U.S. and Canada). Order yours today via the link below.

**[www.popepaulvi.com/cma](http://www.popepaulvi.com/cma)**

## MARCH FOR LIFE



We are so grateful to everyone who was in Washington on January 19 for the 2018 March for Life, especially for Pope Paul VI Institute’s Teresa Kenney! Thank you to everyone standing up for the most vulnerable and showing the world that #lovesaveslives!



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## MESSAGE FROM THE DIRECTOR

# HUMANAE VITAE AT 50

When I first read *Humanae Vitae*, I was a senior medical student attending the University of Minnesota, and Pope Paul VI's words struck a real chord with me, both as a Catholic and as a soon-to-be member of the medical profession.

In the letter, he appealed directly to doctors and healthcare professionals to "pursue only those solutions that are in accord with faith and right reason." This compelled me initially to conduct research on reproductive health care solutions, which led to the development of our two breakthrough reproductive technologies of NaProTECHNOLOGY and the Creighton Model FertilityCare System, and later leading to the establishment of the Pope Paul VI Institute.

Together, we have made tremendous strides since we were founded, but we still have a lot of work left to do. Please continue to keep us in your prayers as we work to bring the Culture of Life in women's healthcare to couples and families around the world.

May God bless you in a very special way,

*Thomas W. Hodges, MD*

