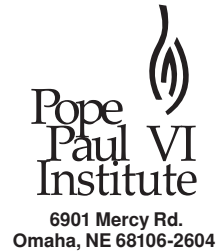


# GENERAL MEDICAL HISTORY



NAME: \_\_\_\_\_

TODAY'S DATE: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

ALLERGIES: \_\_\_\_\_

Prior to your first meeting with your physician, we would appreciate it if you could complete the following form to give us more information on your general health. This will allow us to be of better service to you.

## PAST MEDICAL HISTORY

Please describe your general health at the present time:

---

---

## CHECK EACH CHILDHOOD ILLNESS THAT YOU HAVE HAD:

- Measles    German Measles    Mumps    Chicken Pox  
 Rheumatic Fever    Scarlet Fever    Polio    Diphtheria

## Please check each immunization that you have received

- Measles    Mumps    Polio    Tetanus   Date of last immunization: \_\_\_\_\_

## FAMILY HISTORY

Behind each family member, record the age and general health (or cause of death), including such things as: diabetes, tuberculosis, heart disease, high blood pressure, stroke, kidney disease, cancer (kind and location), anemia, headaches, mental illness, or symptoms like those of yourself (including such things as infertility problems, problems with repetitive miscarriages, stillbirths, premenstrual tension syndrome, etc.)

### SPOUSE

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Allergies: \_\_\_\_\_

Age: \_\_\_\_\_ General health (past and present): \_\_\_\_\_

---

### CHILDREN

Age: \_\_\_\_\_ General health: \_\_\_\_\_

---

NAME: \_\_\_\_\_

TODAY'S DATE: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

**FATHER**

Age: \_\_\_\_\_ General health: \_\_\_\_\_

**MOTHER**

Age: \_\_\_\_\_ General health: \_\_\_\_\_

**BROTHERS**

Age: \_\_\_\_\_ General health: \_\_\_\_\_

\_\_\_\_\_

**SISTERS**

Age: \_\_\_\_\_ General health: \_\_\_\_\_

\_\_\_\_\_

**MATERNAL GRANDFATHER**

Age: \_\_\_\_\_ General health: \_\_\_\_\_

**MATERNAL GRANDMOTHER**

Age: \_\_\_\_\_ General health: \_\_\_\_\_

**PATERNAL GRANDFATHER**

Age: \_\_\_\_\_ General health: \_\_\_\_\_

**PATERNAL GRANDMOTHER**

Age: \_\_\_\_\_ General health: \_\_\_\_\_

**DO YOU HAVE A MOTHER, SISTER, OR AUNT WHO HAS HAD ANY OF THE FOLLOWING CANCERS?**

- |             |   |   |
|-------------|---|---|
| 1. Cervical | Y | N |
| 2. Uterine  | Y | N |
| 3. Breast   | Y | N |
| 4. Ovarian  | Y | N |
| 5. Colon    | Y | N |

**GENERAL HEALTH QUESTIONS**

1. How many hours do you sleep at night? \_\_\_\_\_
2. Do you drink coffee? Y N If so, how many cups each day? \_\_\_\_\_
3. Do you drink cola? Y N If so, how many bottles/cans each day? \_\_\_\_\_
4. Do you drink tea? Y N If so, how many cups each day? \_\_\_\_\_
5. Do you eat chocolate? Y N If so, how much? \_\_\_\_\_

NAME: \_\_\_\_\_

TODAY'S DATE: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

### GENERAL HEALTH QUESTIONS (CONT.)

6. Do you smoke? Y N If so, how many packs per day? \_\_\_\_\_
7. Do you drink alcohol? Y N If so, what amount? \_\_\_\_\_
8. Do you use any street drugs? Y N If so, what? \_\_\_\_\_
9. Have you ever had a venereal disease? Y N If so, what kind:  
 Gonorrhea  Chlamydia  Syphilis  Cervical Dysplasia  Herpes  
 Genital Warts (condyloma)  Trichomonas

### BREAST INFORMATION

1. Have you ever breast-fed? Y N If so, how many times? \_\_\_\_\_
2. Do you do self breast exams? Y N
3. Have you ever had lumps, pain or discharge from your breasts? Y N  
If yes, which of the problems did you have? \_\_\_\_\_

### BLADDER INFORMATION

1. Do you have any pain when you urinate? Y N  
If yes, how long have you had this? \_\_\_\_\_
2. Have you ever had blood in your urine? Y N  
If yes, how long have you had this? \_\_\_\_\_
3. Do you ever lose your urine when you cough, sneeze, or laugh? Y N
4. When you have to urinate, do you have extreme urgency to do so? Y N

### POSTMENOPAUSAL INFORMATION

If you are in menopause, please answer the following questions:

1. When was your last menstrual period? \_\_\_\_\_
2. Have you had any bleeding since that menstrual period? Y N  
If yes, please describe the bleeding: \_\_\_\_\_
3. Are you taking any hormone replacement? Y N  
If yes, indicate what you are taking: \_\_\_\_\_

### HORMONES

Do you have any of the following symptoms?

- |                             |   |   |
|-----------------------------|---|---|
| 1. Excessive hair growth    | Y | N |
| 2. Skin rashes              | Y | N |
| 3. Muscle weakness          | Y | N |
| 4. Difficulty speaking      | Y | N |
| 5. Inability to concentrate | Y | N |
| 6. Arthritic pains          | Y | N |
| 7. Hoarse voice             | Y | N |
| 8. Sinusitis                | Y | N |

NAME: \_\_\_\_\_

TODAY'S DATE: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

### HORMONES (CONT.)

- |                              |   |   |
|------------------------------|---|---|
| 9. Light-headedness          | Y | N |
| 10. Dry, scaly skin          | Y | N |
| 11. Hair falling out         | Y | N |
| 12. Loss of appetite         | Y | N |
| 13. Constipation             | Y | N |
| 14. Heavy menstrual bleeding | Y | N |
| 15. Anemia (low blood)       | Y | N |
| 16. Puffy face               | Y | N |
| 17. Recent weight gain       | Y | N |
| 18. Recent weight loss       | Y | N |
| 19. Premenstrual syndrome    | Y | N |

### VAGINAL DISCHARGES

1. Have you had any unusual vaginal discharges? Y N If yes, please describe:

\_\_\_\_\_

2. Do you have pain or itching in the vaginal area? Y N If yes, please describe:

\_\_\_\_\_

3. Do you have unusual vaginal bleeding? Y N If yes, please describe:

\_\_\_\_\_

### PAP SMEAR INFORMATION

4. When was your last pap smear? \_\_\_\_\_

5. Was your last pap smear normal? Y N If no, please describe:

\_\_\_\_\_

### ADDITIONAL GYNECOLOGICAL SYMPTOMS

Do you have any of the following symptoms?

- |                                    |   |   |
|------------------------------------|---|---|
| 1. Painful menstrual cramps        | Y | N |
| 2. Pain with intercourse           | Y | N |
| 3. Bleeding between periods        | Y | N |
| 4. Irregular or infrequent periods | Y | N |
| 5. Heavy period                    | Y | N |
| 6. Abnormal pap smear              | Y | N |

Thank you very much for completing this information.

By having this information, we can be of better service to you.

Prepared by

### **Pope Paul VI Institute**

6901 Mercy Rd. ♦ Omaha, NE 68106-2604  
(402) 390-6600 ♦ [www.popepaulvi.com](http://www.popepaulvi.com)